145 ACRES OF INSPIRATION

2017 Workshops and Programs

Healthy Start 2017 (January 13-15, 2017)

Mindfulness, Meditation and Yoga Retreat (April 21-23, 2017)

Weight Loss Retreat by Telos Wellness (April 29-30, 2017)

The Daring Way with Jen Lofgren (May 05-07, 2017)

Bullying and Self Image - Working with Miniature Horses (May 27-28, 2017)

Dynamic Neural Retraining System (June 04-09, 2017)

Introduction to Indigenous Spirituality (July 07-09, 2017)

Be at Peace Meditation Retreat – Metaphysical Center of Canada (June 09-12, 2017)

Nicola Boist – Women's Fitness and Life Coaching (July 21-23, 2017)

Communicate Without Words – Working with Miniature Horses (August 18-20, 2017)

Sufi Movement of Canada (August 21-24, 2017)

Double M Training – Women's Wellness Workshop (September 08-10, 2017)

Dynamic Neural Retraining System (September 10-15, 2017)

Photography Workshop with Tracy Elliott (September 22-24, 2017)

Bullying and Self Image - Working with Miniature Horses (October 20-22, 2017)

Exploring Harmony in Life (November 17-19, 2017)









