

WORKSHOPS AT THE CROSSING

145 ACRES OF INSPIRATION



Bliss Of Mindfulness
(Relaxation, Rejuvenation & Celebration)
June 22-23, 2019

The Crossing at Ghost River
Cost: \$1,599 per Person plus Tax

For details about the Retreat please visit:
www.santeaching.com or www.crossingexperience.ca

Please register at:
<https://www.eventbrite.com/e/bliss-of-mindfulness-tickets-60794572202>



SANJEEV KUMAR,
Mindfulness Practitioner and Best-Selling Author

Inspired by his own life experience, he shares his wisdom to get rid of problems and negative emotions. There is always positivity or light in our life, but we do not observe it because we are stuck with inner noises in the form of ego, but as soon as we live with awareness light is already there.

