

WORKSHOPS AT THE CROSSING

145 ACRES OF INSPIRATION

BLISS OF MINDFULNESS RETREAT

Relaxation, Rejuvenation & Celebration

MARCH 30 – 31, 2019

This retreat helps you to improve clarity, decrease distraction, and improve productivity. It helps you to rewire our brain cells and recharge your battery in order to create a fragrance of self-love and compassion.

This is an all-inclusive weekend and includes accommodation, all meals and sessions with Sanjeev Kumar.

COST FOR THE WEEKEND:
\$1,599.00 PER PERSON + TAXES

For details about the Retreat and to get to know Sanjeev Kumar please visit:
www.santeaching.com or e-mail: info@santeaching.com

The Retreat is held at The Crossing at Ghost River, for location and information please visit: www.crossingexperience.ca

Registration can be made at:
<https://www.eventbrite.ca/e/bliss-of-mindfulness-tickets-55990115944>



SANJEEV KUMAR,
Mindfulness Practitioner and Best-Selling Author

Inspired by his own life experience, he shares his wisdom to get rid of problems and negative emotions. There is always positivity or light in our life, but we do not observe it because we are stuck with inner noises in the form of ego, but as soon as we live with awareness light is already there.

