

## 2018 Workshops and Retreats

Dynamic Neural Retraining System (May 28 – June 01, 2018)

Mindfulness Meditation & Yoga Retreat (July 06 – 08, 2018)

Casting for Life (July 20 – 22, 2018)

Evolve Retreat Co. 5 Day Exclusive Health & Wellness Retreat  
(August 12-16, 2018)

Spark the Spirit Retreat (September 23, 2018)

Silence, Stillness & Meditation Retreat (September 28 – 30, 2018)

Dynamic Neural Retraining System (October 15 – 19, 2018)

Reflect and Renew Retreat (November 02 – 04, 2018)

