

WORKSHOPS AT THE CROSSING
145 ACRES OF INSPIRATION



August 12 – 16, 2018

Evolve Retreat Co. 5-Day Exclusive Health & Wellness Retreat

Get a fresh outlook on your health and fitness and learn how to live your best possible life. Reset, grow, and make meaningful lifestyle changes with an exclusive wellness adventure at The Crossing. Immerse yourself in this multi-day experience that incorporates fitness, adventure, wellness and clean eating. It's kind of a sleepaway camp for grownups who want to be their most fit and healthy selves.

For more information about this highly successful 5-Day intensive workshop, please visit: <https://evolveretreatco.com/>

